



Live.
Grow.
Work.
Thrive.

www.nccinc.org



2021
2022
2023

IMPACT STATEMENT 2023



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MESSAGE FROM THE CEO



As we have embarked on our 65-year legacy, our journey continues as I assumed the new Chief Executive Officer role. I am fervently committed to driving the company forward with purpose and vision. Our focus has spun from past reflections to present actions and, ultimately, those initiatives and goals that will shape our future endeavors. I am committed to increasing our enrollment, diversifying programs, and achieving growth in our community support services for People Supported. This attention to our pathway premise of enriching staff's professional development and prioritizing employee experiences is the unwavering commitment to engagement and retention that has and will continue to shape our journey from this year and for years to come.

NCC has been a catalyst for change in our communities, focusing on education, maintaining our accreditation through NAEYC, and addressing food insecurity through the Power the Palate Program and the Baby Bloomers Urban Garden; we continue to identify the needs of the community and work to create programs and initiatives that speak to making real-time and transcending impacts in the lives of individuals with and without differing abilities. Our commitment extends beyond the realm of social determinants of health; this mission and the values we have identified in our work extend past the organization's walls. It is in everything we do to deliver high-value care, collaborate across clinical operations, and invest in the development of service expansion for our children and People Supported to Live, Grow, Work, and Thrive. As a recipient of the 2023 DC Chamber Community Award, this recognition reinforces the acknowledgment that our core values and beliefs are reflected in our work; it is a testament to who we are and the dedicated work we consistently put forth.

I look forward to working with our families, staff, and partners to continue influencing the next generation. My attention is on expanding our growth channels as a strong competitor in the market. Ensuring accessible services are at the forefront of innovation and technology, fostering opportunities for national recognition, and maintaining financial stability while reinforcing our core care capabilities that will continue to build a more resilient regional and national presence of NCC's services.

Terrance King

ABOUT US

WHO WE ARE

NCC is committed to increasing opportunities, building skill sets, and improving life outcomes for people in the Washington Metropolitan Area. NCC is one of the largest non-governmental providers of services for infants, children, and adults with intellectual and developmental disabilities. We are a leading advocate and community partner, ensuring that people - regardless of physical or mental ability are equipped with the skills they require to live, grow, work, and thrive.

WHO WE SERVE

Our services span a lifetime for those in need, including children up to 5 years old in our Early Learning and Early Intervention Center, and adults in our Residential and Day Habilitation programs.

OUR WHY

We identify the community's needs and work to create programs and services that make transformative impact in the lives of individuals with and without differing abilities.

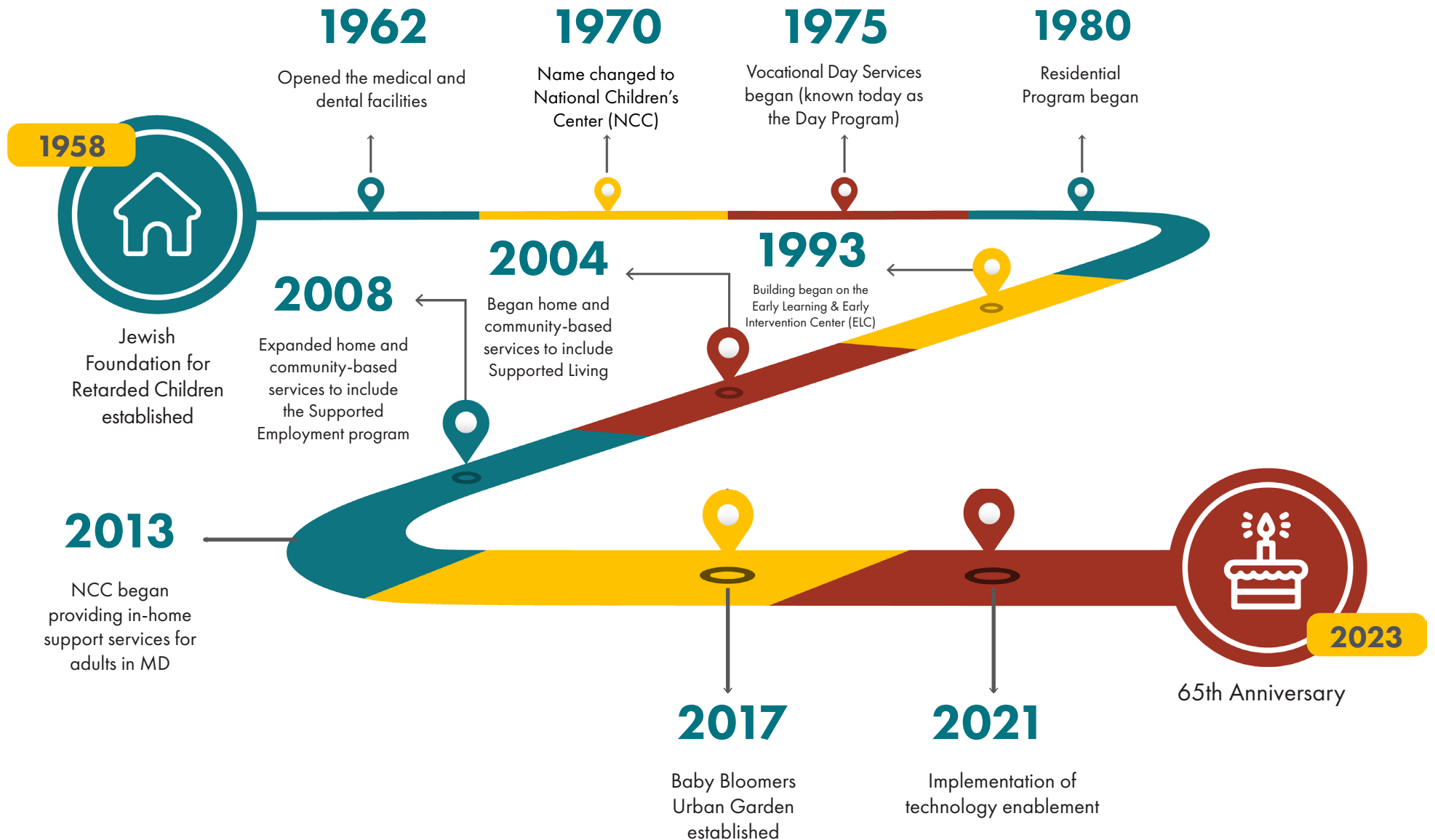
COMMUNITY IMPACT

Since 1958, NCC has had an unwavering commitment to ensuring that people with differing abilities have the resources needed to thrive in their communities, which fully embrace them as valued members.



HISTORY OF NCC

Our Impact is our Legacy.
Celebrating 65 years of advocacy, education, and innovative treatment of children and adults with intellectual and developmental disabilities.



TOP 2023 HIGHLIGHTS

The year's most notable achievements and outcomes.



2023 Community Impact Award Recipient

NCC was awarded the **2023 Community Impact Award by the DC Chamber of Commerce**. NCC was recognized as being an integral part of the DC Metropolitan community, offering a wealth of community-based services that include early learning centers, schools, adult vocational programs, residential services, and grocery distribution. These personalized services have benefited thousands of people with intellectual and developmental disabilities - and the greater community by providing educational development and life skills that have led to empowerment, employment, and independent living.



Amplifying Our Efforts Through Supplemental Funding

NCC was the recipient of grant funds that amplified its investment in health care access for Persons Supported and provided additional educational resources for the young scholars of the Early Learning & Early Intervention Center and their families. Funding sources included the **Cafritz Foundation, Pre-K Enhancement and Expansion Funding program, The Office of the State Superintendent of Education (OSSE), Educare, Enterprise Holdings, and The Low-Income Investment Fund (LIIF)**.



Unleashing Possibility through Leadership and Education

NCC is dedicated to being a vital contributor to the life and vitality of the local and national community. NCC provided thought-leadership and participated in events, ranging from presenting research and best practices related to its **Health and Nutrition Initiative at Harvard University**, to leading **Executive sessions on building and implementing strategic business plans at the ANCOR National Conference**.

Other notable presentations included: MedStar Health - Georgetown University Research and Education Symposium, and AUCD (Association of University Centers on Disabilities) 2023 Conference.



Advancing Innovation & Quality Outcomes

NCC expanded its **Power the Palate program**, adding a library of pre-recorded content that families can watch on demand via the NCC website. NCC also offered **enabling technology credentialing and certifications** for those supporting adults in our programs. This helps us advocate for and introduce new technology options to better serve adults with IDD who seek greater independence.

2023 BY THE NUMBERS

8,424

community hours of
Persons Supported in the
Residential program

67,428

pounds of food
distributed through the
Power the Palate program

3,500

pieces of PPE distributed to
staff, families, and adults
supported across our
residential homes

2,500

hours of clinical services

6,656

packages of diapers
and wipes distributed to
vulnerable families

85.5

hours of professional
development

6,864

community hours
of Persons Supported
in the Day Habilitation
program



EARLY LEARNING AND EARLY INTERVENTION CENTER



The Early Learning & Early Intervention Center (ELC) provides high-quality, accredited early childhood education and early intervention for children (ages 8 weeks to 5 years) in an inclusive and comprehensive setting. Since its inception, the ELC has served thousands of students, including medically fragile and typically and atypically developing children. We deliver best-in-class education and developmental support, provide food and resources to those in need, and host unique, memorable experiences.

Early Interventions

Our education inclusion model celebrates every child's individuality and uniqueness and creates opportunities through diversity, equity, and inclusion during daily classroom experiences and home-school connections. Necessary supports and adaptations are provided through intentional teaching and learning opportunities to help children improve their abilities and learn new skills.

I am not sure if you know what it feels like to hear your child after years of not being able to verbally say words to all of a sudden begin vocalizing himself....I am grateful for his progress.

INSPIRING DISCOVERY. CREATING A PASSION FOR LIFELONG LEARNING.



Enrichment Programming

In addition to grade-level curricula, NCC offered supplemental STEAM-based programming, Summer Enrichment, and a Baby Bloomers Urban Garden curriculum. The toddlers assisted in planting, watering, and observing the growth of all fruits and vegetables. Later, the children explored their senses through touch, smell, sight, and taste of the newly grown items.

Additional Highlights

Health and Nutrition

NCC supplied meals daily through the Child and Adult Care Food Program (CACFP), including breakfast, morning and afternoon snacks, and lunch. Ingredients were sourced from the Baby Bloomers Urban Garden, giving the children farm-to-table meals. These young learners not only gained from the nutritional benefits of fresh food, but they also learned the importance of living healthy lifestyles.

Healthy Futures Treatment Pilot

NCC participated in the **Department of Behavioral Health, Healthy Futures Treatment Pilot**. Through this program, NCC provided additional on-site services including interactive training for teachers and families about social and emotional development of young children; and for children experiencing more significant behavioral health concerns, evidence-based treatment. Participation in this program will have lifelong benefits as the ability to manage emotions, empathize, and collaborate are key to fulfillment and success, in school and life.

COMMUNITY SUPPORT SERVICES

NCC offers customized Residential and Day Habilitation services. With a focus on our values - inclusion, compassion, and empowerment - we enable individuals to maximize their potential, life experiences, and participation in their respective communities.

RESIDENTIAL SERVICES

Our community-based homes and apartments offer people with differing abilities the individualized services and support required to help them live independently. All services are person-centered and promote full community inclusion and self-advocacy, including:

- Independent Living Skills
- Money Management
- Interpersonal and Social Skills
- Health and Wellness

DAY HABILITATION SERVICES

NCC works to ensure that Persons Supported achieve independence through advocacy, self-awareness, and wellness. With the support of Direct Support Professionals (DSPs), Persons Supported become active members of their communities, developing the skills, abilities, and connections they desire to achieve autonomy. Services include:

- Day Habilitation Services
- Individualized Day Services (IDS)
- Employment Readiness
- Companion Services

2023 SUCCESS: OUTREACH PILOT & TELEMEDICINE EXPANSION

In 2023, NCC focused on advocacy through inclusion. We piloted an outreach program, integrating Persons Supported in the Deaf and Hard-of-Hearing community into the Day Habilitation program. Participants thrived in the program, getting exposure, experience, and social interaction they might not have otherwise received. There is currently a 66% engagement rate of participants from the program launch.

Also, NCC expanded its use of telehealth provider, StationMD. In short, 96% of individuals receiving telemedicine received care in their homes and did not need to be sent to urgent care, doctors office, or emergency room settings. The impact and value of this service are bar none, optimizing quality of life and cost savings for our most vulnerable population.



*Being with NCC makes me happy
because I have more freedom.
-Nonja Tiller*

STEADFAST ADVOCACY. ENABLING SELF-RELIANCE AND WELLNESS.

PERSON SUPPORTED SPOTLIGHT

Vanessa Monroe is an active member in her community and the epitome of “self-advocate.”

ABOUT SELF-ADVOCACY

People with disabilities have many issues and concerns in common, including transportation, health care, jobs, safety, and adult education. Self-advocates share personal experiences of living with developmental disabilities. Many join boards, committees, work groups, and commissions that make decisions that affect their lives. Self-advocates learn about their rights, update each other on important issues and events, share their opinions, learn how to lead meetings, set priorities, provide and receive training, and celebrate their achievements.

MEET VANESSA MONROE!

Vanessa is a member of Project ACTION!, a regional coalition of self-advocates from the District of Columbia, Maryland, and Virginia. In September 2023, she participated in the organization’s “People on the Go” annual conference, an event designed to discuss barriers, identify strategies and solutions, and increase advocacy.

Vanessa was also a speaker and attendee at the TASH conference with Quality Trust in December 2023, with the primary intent of advancing inclusive communities through advocacy, research, professional development, policy, information, and resources.



Vanessa Monroe

BABY BLOOMERS URBAN GARDEN



*Preserving
Sustainability.*



Baby Bloomers Urban Garden was built in 2017 as a community farm to address food insecurity affecting Persons Supported and families in surrounding neighborhoods. Hundreds of pounds of fresh and nutritious fruits, vegetables, and herbs are harvested and distributed to our children, families, and local community in need.

We strengthened our impact in 2023, with the completion of our Urban Garden Accessibility Renovation.

The Urban Garden underwent renovations to incorporate ADA accessibility features to make the garden an accessible place for all. Renovations include an entry ramp through the main gates, a brick walkway, leveling of the entire footprint, and wheelchair-accessible plant beds.

Why Does this Matter?

- 1. Inclusivity:** It promotes social integration and community engagement by removing barriers.
- 2. Safety:** It reduces risks, and caters to everyone's needs, making the garden safer for visitors and volunteers.
- 3. Community Health:** Green spaces in dense cities offer opportunities for physical activity, relation, and stress relief, benefiting all community members, and contributing to the overall health and well-being of the population.
- 4. Sustainability and Environmental Impact:** It incorporates sustainable practices that enhance the local environment. NCC promotes native plant species, and ensures that garden maintenance practices are environmentally-friendly.

The Urban Garden continues to be a source of nutrition and a hub for education and creativity for our constituents and the greater community.

SPOTLIGHT: Exploration and Adventure @ the ELC



Inaugural Summer Camp

The Early Learning and Early Intervention Center (ELC) launched its inaugural Summer Camp program. The children participated in varied activities including yoga, sign language, art, STEM drones, and water play classes. They even harvested honey from beehives at our Baby Bloomers Urban Farm. The children who participated in this unique, hands-on experience, were guided by our certified Beekeepers.

When asked how to tell which is the Queen, the little girl above said with complete confidence, "That's easy! She's the one with the crown!"



Fall Harvest & Taste of the Garden

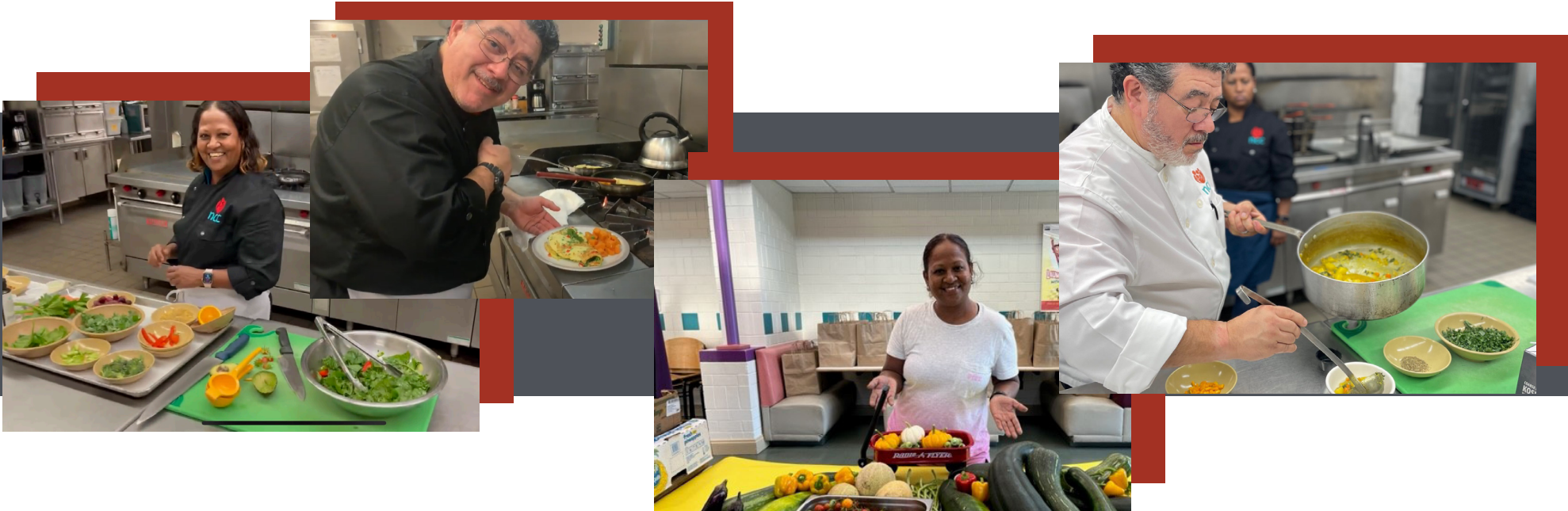
The Early Learning and Early Intervention Center (ELC) hosted the annual Fall Harvest and Taste of the Garden on October 25th. Staff, the young learners of the ELC, and their families enjoyed an onsite petting zoo, pumpkin patch, and samples of seasonal food and beverages made from the freshest ingredients from the Urban Garden- and by the NCC culinary team, Chef Nelson and Rosie Williams.

Special Guest Appearances:

DC Councilman Trayon White made remarks and McGruff the Crime Dog reinforced the importance of safety for the children and their families.

SPOTLIGHT: Health & Nutrition Initiative

Promoting healthy, sustainable lifestyles

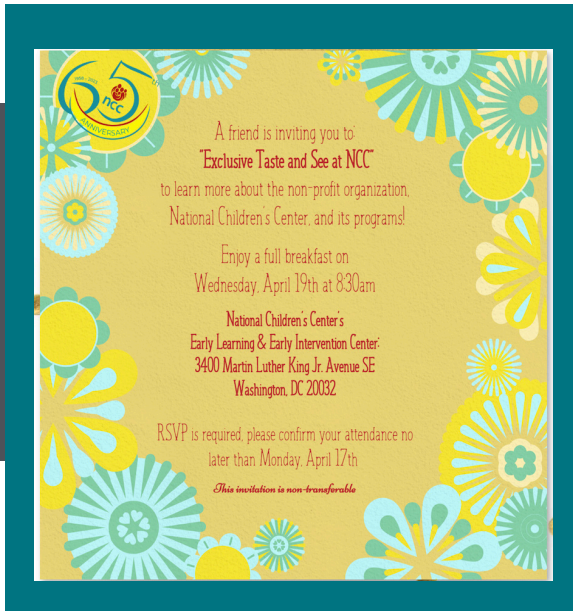


To help combat food scarcity, we partnered with Georgetown University's Community Health Division to develop a Health and Nutrition Initiative for our children and families. At Baby Bloomers Urban Garden, we pair increased food access with health and nutrition education, facilitating monthly sessions for students and physicians of Georgetown University, NCC staff and clinicians, and ELC parents and families to learn, discuss, and socialize.

In partnership with Georgetown University faculty and staff, NCC's staff and culinary team designed a curriculum focused on nutrition's effect on the body. NCC hosted two interactive virtual sessions monthly with interested parents and families. The group shared knowledge about various health benefits, manageable lifestyle changes, and best practices. The virtual sessions featured cooking demonstrations from Chef Nelson and Rosie Williams with a recipe that can easily be replicated at home. A library of pre-recorded content is also available for families to watch on demand.



SPOTLIGHT: Community Engagement & Support



Inaugural Spring "Taste & See" Breakfast

NCC hosted its inaugural Spring "Taste & See" Breakfast on April 19th at the Early Learning and Early Intervention Center (ELC). The event raised awareness of the critical work being done to provide healthcare, education, direct support services, and advocacy to the 115,000+ individuals with intellectual and developmental disabilities in the Washington Metropolitan Area.

This event showcased NCC's programs and services and included lively discussions on current topics and trends in IDD. Participants toured the ELC facility and Baby Bloomers Urban Garden, as well as sampled honey from the onsite beehives.

3rd Annual Holiday in Candyland

NCC hosted its 3rd Annual Holiday in Candyland on December 14th at the ELC. Children, parents, staff, and community partners enjoyed a parade featuring the Corvette Club, Princess Mhoon Dance Institute, and of course – Mr. and Mrs. Claus in their horse-drawn carriage! The event also featured...

- Age-appropriate, holiday-themed sensory activities
- A live nativity scene with small barn animals
- A petting zoo including a camel and baby kangaroo
- Interactive games like gingerbread house creation and ornament designing

Additionally, attendees received complimentary photos with Mr. and Mrs. Claus, while the young scholars of the ELC were also treated to surprise gifts from our Sponsor, Atmos Solutions. This event has become a hallmark event for NCC and our local community.

SPOTLIGHT: 4th Annual Charity Golf Tournament



Our **4th Annual Charity Golf Tournament** was held on July 20th at the Renditions Golf Course in Davidson, Maryland. Community partners, golf gurus, organization benefactors, and NCC staff gathered to support our mission and raise funds for the Yellow Brick Road Campaign. **Thanks to the generosity of our Sponsors, golf clinic participants, and 150 tournament players, the golf course was sold out and we raised \$67,975.**

The proceeds raised for the Yellow Brick Road Campaign have gone towards the creation of an outdoor STEAM classroom in the Baby Bloomers Urban Garden. The Urban Garden is already a living laboratory where students can observe, experiment, and explore. The Yellow Brick Road Campaign will expand our outdoor curriculum to include the environment, habitats, soils, weather, and more.

THANK YOU FOR YOUR SUPPORT

SEE YOUR CONTRIBUTIONS IN ACTION!

Thank you, esteemed 2023 contributors, for your generous support through donations, volunteer work, and in-kind services. Your contributions have had a significant impact and we encourage you to stay engaged and see the difference you've helped create...Live, Grow, Work, and Thrive!



NCC is a registered 501(c)(3) nonprofit organization, and your donation is tax-deductible to the full extent allowable by law. **Donate now at www.nccinc.org.**

To **Double the Donation** with employer gift matching, visit <https://www.nccinc.org/match-place-giving>.

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WE NEED PARTNERS LIKE YOU TO PERFORM OUR CRITICAL WORK

Join us in protecting, serving, and advocating for those with intellectual and developmental disabilities – and ensuring all can **LIVE. GROW. WORK. THRIVE.**

Our work thrives on community support, parents, friends, government, and foundational organizations who recognize NCC's inclusive environment across the Washington Metropolitan Region. **Partnerships are pivotal in advancing our mission** and pursuit

to advance education, diversity, and inclusion of people with and without differing abilities. **Email info@nccinc.org to learn more.**

Every dollar raised directly facilitates programs and services that empower children, adults, and families. Your tax-deductible gift contributes to vital services like housing and transformative medical care, early learning and intervention, and grocery distribution. You can make a one-time donation, or sign up for our Recurring Giving Program at a frequency that works best for you. **Visit: www.nccinc.org/donate.**

NCC hosts many events requiring additional support, whether a community affair or the opening and closing of the Baby Bloomers Urban Garden. **If you are searching for volunteer opportunities for you, your team, or youth seeking service-learning hours, email info@nccinc.org.**

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CONTACT US



NCC Main Office



8757 Georgia Avenue, Suite 700
Silver Spring, MD 20910



Tel: (202) 722-2300



Email: info@nccinc.org



Adult Community Support Services



410A University Blvd., West
Silver Spring, MD 20901



Tel: (202) 722-2364



Email: CommunityServices@nccinc.org



Early Learning and Early Intervention Center



3400 Martin Luther King, Jr. Avenue, SE
Washington, DC 20032



Tel: (202) 279-4900
Fax: (202) 279-4961



Email: enrollment2@nccinc.org